

Rapid Access to Addictions Medicine



Knowledge Exchange Days 2023

Join us in November and December for the Rapid Access to Addictions Medicine (RAAM) Knowledge Exchange Days. The weekly virtual series will explore the challenges, successes and the future of addictions medicine in Manitoba.

Session (Please click below to register)	Date & Time	Description (please refer to the following pages for further details)
Addiction Medicine – Serving Indigenous Individuals Presenters: Monica Cyr & Crystal Cyr	November 15 8:30 to 9:30 a.m.	An overview of the clinical and cultural strategies that can be supported in addiction medicine programming and larger health system for the betterment of Indigenous clients.
RAAM Digital Front Door Presenters: Dr. Kim Corace & Dr. Melanie Willow	November 15 9:30 to 10:30 a.m.	This RAAM Digital Front Door project is part of a larger initiative within the province to centralize substance use and addiction intake and assessment and improve service delivery. Join us to learn more about these exciting and unique virtual services.
What do Best Practices Look Like for Opioid Agonist Therapy in Manitoba in 2023? Presenters: Dr. Marina Reineck & Talia Carter	November 22 8:30 to 9:30 a.m.	This presentation will review a free resource from the College of Physicians & Surgeons of Manitoba (CPSM) - the Manitoba OAT Recommended Practice Manual.
Sunshine House - MOPS (Mobile Overdose Prevention Site) Presenters: Levi Foy & Davey Cole	November 22 9:30 to 10:30 a.m.	Since 1991 Sunshine House has been a community drop-in and community resource centre in Winnipeg that supports under-served individuals. This presentation will explore the experiences and challenges of the Sunshine House mobile overdose prevention project.
Addiction Medicine – Serving Individuals Experiencing Houselessness Presenters: Dr. Kathy Kisil & Kristy Riley	November 29 8:30 to 9:30 a.m.	This session will focus on the unique aspects, challenges and approaches of providing services for individuals experiencing houselessness and Substance Use Disorders.
Improving Access to Addiction Medicine - Mobile RAAM Clinics in Manitoba's Rural and Remote Communities Presenters: Dr. Erin Knight & Chris Bromley	November 29 9:30 to 10:30 a.m.	This presentation will provide an overview of the projects' successes and challenges including lessons learned, working with primary care, developing partnerships and providing Opioid Agonist Therapy (OAT) within First Nations and rural communities.
Incorporating Kadian into Opioid Agonist Therapy Practice Presenters: Dr. Sara Matyas & Dr. Katherine Ludlow	December 6 8:30 to 9:30 a.m.	This session will focus on the use of Kadian within OAT including introductory information, the medication's role as "sole" OAT and during methadone titrations, and some brief prescribing aspects to increase the prescriber's comfort level when utilizing Kadian.
Serving Youth through Addiction Medicine Presenters: Dr. Jas Mancer & Larissa Medwid	December 6 9:30 to 10:30 a.m.	This session will provide valuable information on the unique factors service providers should be aware of when providing care to youth (16+) including medicolegal aspects, treatment choices and social issues.

Registration

- All sessions will be held via Go To Webinar.
- To register for a particular day, please click the links above. You can attend one session or both.
- A confirmation will be provided once your registration is confirmed.
- If you have any questions or comments, please contact Provincial RAAM Coordinator Brent Anderson at: banderson18@sharedhealthmb.ca.

This event is organized by the RAAM Hub and supported by Shared Health and Province of Manitoba



RAAM Clinics provide services within the following entities in Manitoba:



This event is supported by Shared Health Care Supports and Education

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November 15

Addiction Medicine – Serving Indigenous Individuals – 8:30 - 9:30 a.m.

According to recent data over 50% of individuals presenting at RAAM clinics identify as Indigenous. In August 2023, the Aboriginal Health and Wellness Centre (AHWC) of Winnipeg opened Manitoba's first Indigenous led RAAM clinic.

AHWC-RAAM Clinic is guided by Indigenous worldviews and driven by community values. The site is welcoming and delivers culturally safe client-centered care. Indigenous cultural elements are woven into every aspect of the operation. AHWC-RAAM is where biomedicine meets Indigenous culture as equal partners guided by a 'Shared Philosophy'.

In this session, the presenters will provide an overview of the clinical and cultural strategies that can be supported in addiction medicine programming and larger health system for the betterment of Indigenous clients.

Presenters:

Monica Cyr – RAAM Clinical Operations Lead and Director of Research, Monica is a proud Red River Metis woman who has several years of community healthcare experience working with a range of interdisciplinary professionals, supporting clinical operations, community research, and developing innovative ways to decolonize healthcare policies and operations.

Crystal Cyr – Crystal Cyr is AHWC-RAAM Site Coordinator and is responsible for overseeing the day-to-day clinical and cultural operations of the clinic. She is a proud Red River Metis woman who recently transitioned from a successful career in the corporate sector and is creating a new trajectory in healthcare with the intent on giving back to Winnipeg's Indigenous community. With lived experience through ancestral trauma, Crystal brings compassion, empathy, and a strong desire to support others in their healing journeys.

RAAM Digital Front Door – 9:30 - 10:30 a.m.

Alongside persons with lived expertise, clinicians, community partners, researchers, and technology experts, The Royal Ottawa Mental Health Centre co-designed a Digital Front Door (DFD) to RAAM, essentially replicating the experience of an in-person walk-in visit, but virtually, from wherever the client is at and whenever they need it.

The presenters will describe the development, implementation, and evaluation of our DFD, including how it increases access to care and outcomes for people with substance use health problems. Key to this work is co-leadership of persons with lived and living expertise in driving system change. Based on the success of this innovative digital health solution, The Royal has been working with RAAM clinic stakeholders to develop a made-in-Manitoba DFD to increase access to addiction medicine services across the province.

This project is part of a larger initiative within the province to centralize substance use and addiction intake and assessment and improve service delivery. Join us to learn more about these exciting and unique virtual services.

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Presenters:

Dr. Kim Corace – is the Vice-President of Innovation & Transformation at The Royal Ottawa Mental Health Centre, an Associate Professor in the Department of Psychiatry at University of Ottawa, a Clinician Scientist with the Institute of Mental Health Research, and a Clinical Health Psychologist. Through her roles, she partners with providers, agencies, and people with lived expertise to provide strategic leadership for mental health and substance use health system transformation, including innovation in service delivery models such as the Digital Front Door to RAAM clinics. Her work focuses on reducing stigma and barriers to care, increasing treatment access, and improving substance use health and mental health outcomes.

Dr. Melanie Willows – is the Clinical Director of the Substance Use and Concurrent Disorders Program at The Royal Ottawa Mental Health Centre, an Assistant Professor in the Department of Family Medicine at University of Ottawa, a Clinical Investigator with the Institute of Mental Health Research, and an addiction medicine physician. Dr. Willows is committed to collaborating with clinicians and researchers to develop new services that improve access and address gaps in care for substance use and mental health problems. Dr. Willows has been instrumental in the development and evaluation of novel models of care and digital health solutions, including the RAAM clinic at The Royal, and the Digital Front Door to RAAM.

November 22

What do Best Practices Look Like for Opioid Agonist Therapy in Manitoba in 2023? – 8:30 - 9:30 a.m.

As opioid use disorder continues to impact the lives of Manitobans, the demand for Opioid Agonist Therapy (OAT) continues to rise. How do we balance increased access to care with providing quality care that reflects best practices?

This presentation will review a free resource from the *College of Physicians & Surgeons of Manitoba (CPSM)*, the Manitoba OAT Recommended Practice Manual, and its role in informing access to quality OAT care.

Presenters:

Dr. Marina Reinecke – Marina is an addiction medicine specialist with focused practice in OAT, servicing five northern remote communities in Manitoba, in partnership with the Opaskwayak Health Authority. Marina led the working group responsible for the development of the OAT Recommended Practice Manual, within her role as Medical Consultant to the Prescribing Practices Program at the College of Physicians & Surgeons of Manitoba (CPSM).

Talia Carter – Talia is an occupational therapist specializing in addiction and mental health, as a former clinician with Health Sciences Centre Addiction Services and current Analyst with the Prescribing Practices Program at CPSM. Talia supported the development of the OAT Recommended Practice Manual, as chief editor, co-author, and working group participant, within her role at CPSM.

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Sunshine House - MOPS (Mobile Overdose Prevention Site) 9:30 - 10:30 a.m.

Since 1991 Sunshine House has been a community drop-in and community resource centre in Winnipeg that supports under-served individuals. Through federal funding the organization has operated its harm reduction RV, colloquially known as MOPS, offering individuals who use substances a place to test their drugs and staff who are trained to respond to an overdose. This presentation will explore the experiences and challenges of the mobile overdose prevention project.

Presenters:

Levi Foy – is a member of Couchiching First Nation and has been the Executive Director of Sunshine House since 2019. Levi oversaw the rapid growth of the Sunshine House during COVID-19 and was one of the leads behind the development and implementation of the Mobile Overdose Prevention Site.

Davey Cole – is a member of Moose Deer Point First Nation and has been working in Winnipeg's social service sector for much of their adult life. Prior to joining Sunshine House full-time in 2021 Davey was the Operations Manager of WE24 a 24 hour safe space for youth in Winnipeg's West End. Davey is currently the Mobile Overdose Prevention Site (MOPS) Coordinator and is instrumental in the development and day-to-day operations of MOPS.

November 29 Addiction Medicine – Serving Individuals Experiencing Houselessness – 8:30 - 9:30 a.m.

The RAAM model is based on providing low barrier addiction medicine services, which improves access for underserved Manitobans. A significant number of those who present at RAAM clinics are houseless.

This session will focus on the unique aspects, challenges and approaches of providing services for individuals experiencing houselessness and Substance Use Disorders.

Presenters:

Dr. Kathy Kisil – is a family physician working in Winnipeg's inner city for over 20 years and is located at Access Downtown. Together as an interdisciplinary team, the clinic mainly serves the homeless population and those who are structurally disadvantaged. Members of the primary care team collaborate with many community partners including shelters and soup kitchens, community outreach teams, public health, and community mental health. The Access Downtown team hosts learners from a variety of disciplines. Dr. Kisil has a special interest in the social determinants of health and the relationship between addiction and mental health, particularly complex trauma.

Kristy Riley – is a Nurse Practitioner who has been working with Main Street Project since 2019 primarily in the Withdrawal Management Services program. During the Covid pandemic, she played a huge part in setting up and overseeing the 39-bed unit used for isolation for the homeless population and people with Substance Use

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Disorders. Prior to focusing more on addiction medicine, she worked in family practice both in Manitoba and the Northwest Territories. She has had opportunities throughout her career to work in a number of different areas and with different ethnic/culture groups.

She describes working with Main Street Project as both challenging and rewarding. She strongly believes that every single person has worth and value and should not be discriminated against based off their personal choices. She continues to work with participants and meet them where they are at in order to help them reach their goals.

Improving Access to Addiction Medicine - Mobile RAAM Clinics in Manitoba's Rural and Remote Communities – 9:30 - 10:30 a.m.

In 2022 two federally funded (Substance Use Addiction Program) mobile addiction medicine projects were initiated, the first within Prairie Mountain Health and the second through a RAAM Hub-Four Arrows Regional Health Authority partnership.

This presentation will provide an overview of the projects' successes and challenges including lessons learned, working with primary care, developing partnerships and providing Opioid Agonist Therapy (OAT) within First Nations and rural communities.

Presenters:

Dr. Erin Knight – is the medical lead of the RAAM Hub and has been involved with the RAAM clinics since they were established in 2018. She heads the RAAM clinic at the Crisis Response Centre, practices Family Medicine at the Aboriginal Health and Wellness Centre and Addiction Medicine at the Health Sciences Centre and in Opaskwayak Cree Nation. Dr. Knight recently became the medical director for the Island Lake Addiction Program with Four Arrows Regional Health Authority, as well as the Program Director for the Addiction Medicine Enhanced Skills Program at the University of Manitoba. She is a graduate of the Max Rady College of Medicine Class of 2013 and the Aboriginal Family Medicine program at the University of British Columbia. She completed a clinical fellowship in Addiction Medicine at St. Paul's Hospital in Vancouver, BC. She is keenly interested in contributing to evidence-based program development, expansion of services and delivery of high-quality clinical care and medical education for addiction in Manitoba.

Chris Bromley – is the Director of Health Services, Mental Health for Prairie Mountain Health which includes the Brandon RAAM clinic. Chris Graduated as a Psychiatric Nurse in 2007 and has worked in Early Intervention for Psychosis, and Child and Adolescent Mental Health and administrative roles as Manager and Director. Chris is interested in implementing creative evidence-based programming to connect rural and remote communities to needed services.

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December 6

Incorporating Kadian into Opioid Agonist Therapy Practice – 8:30 - 9:30 a.m.

As Opioid Agonist Therapy (OAT) continues to expand in Manitoba, unique treatment approaches are being introduced within addiction medicine settings.

This session will focus on the use of Kadian within OAT including introductory information, the medication's role as "sole" OAT and during methadone titrations, and some brief prescribing aspects to increase the prescriber's comfort level when utilizing Kadian.

Presenters:

Dr. Sara Matyas – is a Northern-Remote trained family doctor from Winnipeg, MB who recently completed the Enhanced Skills Addiction Medicine fellowship in Winnipeg. She works at Klinik, RAAM, and as an Addictions Consultant in Winnipeg hospitals, with a special interest in perinatal health.

Dr. Katherine Ludlow – is a family physician who recently completed the Enhanced Skills Addiction Medicine fellowship in Winnipeg. She has since returned to her home province to begin a mixed family medicine and addictions focused practice in Regina, SK. She also continues to return to Winnipeg to provide addictions consult service coverage.

Serving Youth through Addiction Medicine – 9:30 - 10:30 a.m.

Within RAAM clinics and other adult services there are occasions when youth require treatment for Substance Use Disorders. This session will provide valuable information on the unique factors service providers should be aware of when providing care to youth (16+) including medicolegal aspects, treatment choices and social issues.

Presenters:

Dr. Jas Mancer – has been a practicing family physician in Winnipeg since 2009. In 2021 she started providing OAT clients as part of her family practice. She then moved into full time addictions work a year later. Currently, her main practice is at the Manitoba Opioid Support and Treatment (MOST) clinic and also works at the city's RAAM clinics. She is currently acting Medical Lead for MOST.

Larissa Medwid – is a registered psychiatric nurse since 2009. She has an interest in addiction medicine and harm reduction. She has been a part of the Manitoba Opioid Support and Treatment clinic since April 2019.