



# Practice Direction

## Electronic Transmission of Prescriptions

### DRAFT

Initial Approval:

Effective Date:

Practice Directions set out requirements related to specific aspects of the practice of medicine. Practice Directions are used to enhance, explain, or guide registrants with respect to the subject matter relevant to the practice of medicine. Practice Directions provide more detailed information than contained in *The Regulated Health Professions Act*, Regulations, Bylaws, and Standards of Practice issued by CPSM. All registrants must comply with Practice Directions, per s. 86 of *The Regulated Health Professions Act*.

This Practice Direction is made under the authority of s. 85 of the RHPA and represents requirements of CPSM registrants in so far as appropriate.

This joint Practice Direction is the result of Interprofessional Collaboration between:

- College of Pharmacists of Manitoba (CPhM),
- College of Physicians and Surgeons of Manitoba (CPSM),
- College of Registered Nurses of Manitoba (CRNM),
- The Manitoba Dental Association (MDA), and
- The Manitoba Veterinary Medical Association (MVMA).

### Purpose

To better serve all patient populations (urban, rural, and remote) and to leverage the benefits of modern technology, the electronic transmission of prescriptions is necessary to ensure timely access to care. The purpose of this *Practice Direction* is to outline the minimum practice expectations for health professionals whose scope of practice includes prescribing. The Practice Direction clarifies the expectations of safeguards for electronic transmission of prescriptions.

### 1. Definition and Application

"Electronic transmission" is the communication of an original prescription or refill authorization by electronic means. This includes computer-to-facsimile machine<sup>1</sup>, facsimile machine to facsimile machine, facsimile machine to computer, or via a closed e-prescribing system<sup>2</sup>. It does not include verbally transmitted prescriptions or prescriptions transmitted by email at this time.

This joint Practice Direction applies to all medications prescribed for outpatients and persons receiving care in an ambulatory community practice.

<sup>1</sup> For instance, a prescription sent by Accuro is converted into a fax and sent to the pharmacy's fax machine.

<sup>2</sup> For example, the PrescribeIT prescribing system

The Manitoba Prescribing Practices Program (M3P) will supersede this process when the drug being prescribed is covered under the M3P Program. Prescribers should refer to their respective regulatory body for further guidance.<sup>3</sup>

## 2. Electronic Transmission of Prescriptions

### 2.1. Principles

2.1.1. In consideration of patient safety and to minimize the risks associated with drug diversion, prescribers and pharmacists **must** adhere to the following principles:

- 2.1.1.a. The process **must** maintain confidentiality.<sup>4</sup> It **must** do so by either facsimile or closed e-prescribing system. Prescribers and pharmacists are jointly responsible for maintaining the confidential nature of electronic transmission.
- 2.1.1.b. The accuracy and authenticity of the prescription **must** be able to be validated.<sup>5</sup>
- 2.1.1.c. The process **must** incorporate mechanisms to decrease prescription forgery risk, and minimize the prescription being transmitted to more than one pharmacy.
- 2.1.1.d. The patient's choice of pharmacy **must** be protected, taking into consideration the treatment plan and drug availability.

### 2.2 Shared Responsibility

2.2.1. To facilitate congruence with the above principles, prescribers and pharmacists have the following responsibilities:

- 2.2.1.a. The prescriber **must** ensure the prescription is transmitted directly to the pharmacist in a clear, unambiguous manner and the mode of transmission is secure and maintains confidentiality.
- 2.2.1.b. The pharmacist **must** only accept a prescription once satisfied that it came directly from someone who has the authority to prescribe, and the prescription is appropriate for the patient. A pharmacist is also responsible for verifying a prescriber's written and/or electronic signature if it is unknown to the pharmacist.
- 2.2.1.c. Both prescribers and pharmacists **must** ensure that prescribing is done in accordance with each profession's scope of practice (as outlined by their regulatory body).

### 2.3. Safeguards

2.3.1. The following additional safeguards apply to electronic prescriptions:

- 2.3.1.a. All prescriptions transmitted electronically (except veterinary prescriptions) **must** be entered into the Drug Program Information Network (DPIN) to enhance patient care and safety, and to restrict opportunities for potential

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<sup>3</sup> CPSM Standard of Practice Prescribing Requirements, CRNM xx, CPhM xx, MVMA xx, DVA xx

<sup>4</sup> Veterinary prescriptions are exempt from the confidentiality requirement.

prescription fraud.<sup>6</sup>

- 2.3.1.b. After transmission, the prescriber **must** ensure that the original prescription is invalidated to ensure it is not transmitted elsewhere at another time. A prescription record **must** be retained in accordance with the prescriber's regulatory body.
- 2.3.1.c. Pharmacists **must** ensure the electronic and facsimile equipment at the pharmacy is under the control of the pharmacist so the transmission is received and only handled by staff in the dispensary in a manner which protects the patient's privacy and confidentiality.<sup>7</sup> Prescriptions, including any relevant prescription information received by electronic transmission **must** be appropriately filed by the pharmacist in accordance with CPhM's record keeping requirements.

### 3. Content of Electronic Prescriptions

- 3.1. The prescription **must** be legible and **must** include the following information:
  - 3.1.1. The prescriber's printed name, signature, practice address, and Registration number.
  - 3.1.2. The patient's name and either date of birth or Personal Health Information Number (PHIN) (for M3P drugs, also include patient's address and date of birth).<sup>8</sup>
  - 3.1.3. The name of the drug.
  - 3.1.4. The drug strength, quantity, and formulation (tablet, liquid, patch).
  - 3.1.5. The dose and directions for use.
  - 3.1.6. one of: diagnosis, and/or clinical indication, and/or treatment goal, is required on all prescriptions OR is required on new and off-label prescriptions only OR is recommended on all prescriptions.<sup>9</sup> (Refer to consultation document)
  - 3.1.7. The full date the prescription was issued (day, month, and year).
  - 3.1.8. The total quantity and interval between part-fills **must** be specified for:
    - 3.1.8.a. Any medication on the M3P drug list.
    - 3.1.8.b. Any medication classified federally as narcotic or a controlled substance. (Refer to the appendix for a complete listing of these medications.)
  - 3.1.9. For all other medications, refill instructions must be specified.
  - 3.1.10. The time and date of prescription transmission.
  - 3.1.11. The name and address of the one pharmacy intended to receive the prescription.
  - 3.1.12. The method to contact the prescriber (telephone number, email address, or facsimile number).

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<sup>6</sup> Should a patient request a drug that falls under the Controlled Drugs and Substance Act (CDSA) *not* be entered into DPIN under their PHIN (or if they do not have a Manitoba PHIN), a pharmacist must directly confirm prescription authenticity with the prescriber. Such drugs would include opioids, controlled medications, benzodiazepines, and targeted substances.

<sup>7</sup> For greater clarity, dedicated pharmacy electronic and/or facsimile equipment must not be accessed by individuals who are not authorized pharmacy staff.

<sup>8</sup> Veterinary prescriptions are exempt from PHIN and date of birth.

<sup>9</sup> Practitioners of dentistry and veterinary medicine are exempt from this requirement.

- 3.1.13. Signed certification that:
  - 3.1.13.a. the prescription represents the original of the prescription drug order;
  - 3.1.13.b. the addressee is the only intended recipient and there are no others;  
and
  - 3.1.13.c. the original prescription will be invalidated, securely filed, and not transmitted elsewhere at another time.
  
- 3.2. Prescribers **must** use their professional judgment to determine whether it is necessary to include any additional information on the prescription (e.g., the patient's weight or date of birth where this information would affect dosage).
  
- 3.3. If the prescriber is a CPSM associate registrant (Resident, Physician Assistant, Clinical Assistant), a prescription must also include:
  - 3.3.1. their Designation (e.g., PA or Cl.A);
  - 3.3.2. treatment goal and/or diagnosis and/or clinical indication; and
  - 3.3.3. the name of the supervising physician.
  
- 3.4. If the prescriber is a CRNM Registrant (e.g., RN(NP)), a prescription must include a treatment goal and/or diagnosis and/or clinical indication.

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