



STANDARD OF PRACTICE FOR PRESCRIBING OPIOIDS RESOURCES FOR PHYSICIANS

THE STANDARD OF PRACTICE

[http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/Bylaw 11 Schedule N Prescribing Opioids.pdf](http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/Bylaw%2011%20Schedule%20N%20Prescribing%20Opioids.pdf)

FOUNDATIONAL SOURCE GUIDELINES (McMaster and CDC)

The 2017 Canadian Guideline for Opioids for Chronic Non-Cancer Pain (McMaster Guidelines)

[http://nationalpaincentre.mcmaster.ca/documents/Opioid%20GL%20for%20CMAJ 01may2017.pdf](http://nationalpaincentre.mcmaster.ca/documents/Opioid%20GL%20for%20CMAJ%2001may2017.pdf)

Guidelines for Prescribing Opioids for Chronic Pain, US Centers for Disease Control and Prevention, 2017,

<https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm>

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RESOURCES FOR PHYSICIANS

Message from the CPSM Registrar

[http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/Message From the Registrar.pdf](http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/Message%20From%20the%20Registrar.pdf)

Notice to the Profession from CPSM

[http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/Notice to CPSM Members.pdf](http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/Notice%20to%20CPSM%20Members.pdf)

FAQs for Physicians

[http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/CPSM FAQ for Physicians.pdf](http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/CPSM%20FAQ%20for%20Physicians.pdf)

HSC Opioid Assessment Clinic Referral Information Sheet

<http://cpsm.mb.ca/cjj39alckF30a/wpcontent/uploads/Opioid%20Assessment%20Clinic.pdf>

Rapid Access to Consultative Expertise or RACE

The Rapid Access to Consultative Expertise or RACE program is a telephone service that allows Family Physicians, Physician Assistants and Pediatricians to access a psychiatry/addiction consultant for telephone advice by calling one central number. This service is intended for Physicians who have an ongoing relationship with their patients.

To contact the RACE line call: 204-940-2573

Open: Monday to Friday, 9 am – 4pm.

The RACE line is not open on weekends or stat holidays.

<http://www.wrha.mb.ca/staff/familyphysicians/files/Race.pdf>

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eConsult Manitoba

eConsult Manitoba is a secure, web-based tool that enables primary care providers to submit non-urgent, patient specific questions to participating specialists and receive advice back within seven days.

The platform uses the BASE™ (Building Access to Specialists through eConsultation) model. In Ontario's Champlain region, BASE™ eConsult has been connecting primary care providers and specialists, with positive results since 2010. In June 2018, The College of Family Physicians of Canada endorsed eConsult methodology as a standard of practice across Canada. Growing evidence has demonstrated that eConsult has tremendous benefits for patients and providers. Specifically, there is evidence that eConsult has the ability to reduce wait times, deliver high levels of health care provider and patient satisfaction, and reduce costs.

BASE™ eConsult Manitoba is being made available through an initiative lead by Dr. Laurie Ireland, Dr. Alex Singer Dr. Luis Oppenheimer and Dr. Michael Polan.

For more information or to join eConsult Manitoba, contact Rana McDonald (Research Coordinator) mbeconsult@umanitoba.ca

eConsult Fact Sheet

[http://www.cpsm.mb.ca/cji39alckF30a/wp-content/uploads/Opioid%20Standard/PCP Fact Sheet Final Aug 2 2018.pdf](http://www.cpsm.mb.ca/cji39alckF30a/wp-content/uploads/Opioid%20Standard/PCP%20Fact%20Sheet%20Final%20Aug%202%202018.pdf)

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TOOLS FOR PHYSICIANS

Opioid Manager, National Pain Centre, McMaster University

<http://nationalpaincentre.mcmaster.ca/opioidmanager/>

Opioid Manager – Switching Opioids Form, National Pain Centre, McMaster University

http://nationalpaincentre.mcmaster.ca/opioidmanager/documents/opioid_manager_switching_opioids.pdf

Pocket Guide: Tapering Opioids for Chronic Pain, CDC

https://www.cdc.gov/drugoverdose/pdf/clinical_pocket_guide_tapering-a.pdf

Calculating Total Daily Doses of Opioids for Safer Dosage, CDC

https://www.cdc.gov/drugoverdose/pdf/calculating_total_daily_dose-a.pdf

Non-Opioid Treatments for Chronic Pain, CDC

https://www.cdc.gov/drugoverdose/pdf/nonopioid_treatments-a.pdf

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COURSES ON SAFE PRESCRIBING OF OPIOIDS

Safer Prescribing: A Multimodal Program for Chronic Pain and Opioids

<https://www.cpd.utoronto.ca/opioidprescribing/>

The Prescribing Course: Safe Opioid Prescribing

<http://www.theprescribingcourse.com/>

Prescribers Course – College of Physicians and Surgeons of British Columbia

Next workshop date: **Friday, September 28, 2018**

<https://www.cpsbc.ca/for-physicians/professional-development/prescribers-course-2018-09-28>

Introduction to Safe Prescribing: Opioids, Benzodiazepines, and Stimulants

<https://www.mdcme.ca/courseinfo.asp?id=200>

Opioids for Chronic Non-Cancer Pain: Using the Canadian Guideline in Your Practice

<https://www.mdcme.ca/courseinfo.asp?id=205>

Safe and Effective Use of Opioids for Chronic Non-Cancer Pain, CAMH

This is an online course with the next session running **October 5 - November 30, 2018**

<http://www.camh.ca/en/education/continuing-education/continuing-education-programs-and-courses/safe-and-effective-use-of-opioids-for-chronic-non-cancer-pain-online-course>

COURSES FOR THE MANAGEMENT OF OPIOID USE DISORDER (OPIOID ADDICTION)

Opioid Replacement Therapy 101: An Introduction to Clinical Practice Workshop

A list of upcoming workshop dates is posted in the left-hand column on the CPSM main page.

www.cpsm.mb.ca

Buprenorphine-Naloxone Treatment for Opioid Use Disorder

This is an online course with the next session running **September 10 – October 22, 2018**

<http://www.camh.ca/en/education/continuing-education/continuing-education-programs-and-courses/buprenorphine-naloxone-treatment-for-opioid-use-disorder>

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FURTHER RESOURCES REQUIRED AS IDENTIFIED THROUGH CONSULTATION

<http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid Standard/Resources Required for Successful Adoption.pdf>

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SUMMARY OF FEEDBACK ON THE STANDARD OF PRACTICE FOR PRESCRIBING OPIOIDS

Themes from Consultation

<http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid Standard/Themes from Consultation.pdf>

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